

sound *RUNNER*

a running store...and more



Winter Warrior Series

Here's a great way to get motivated to continue running through the cold winter months.

Join sound*RUNNER* for our annual Winter Warrior Series. This special series will kick-off Wednesday, November 30, 2011 and will wrap up, Saturday, March 24, 2012.

You can earn sound*RUNNER* points for attending group runs, bringing canned goods and gently worn winter items for donation, and bringing new runners to the store runs.

Each store will hold its group runs Wednesday nights at 6:30 p.m. (4-6 miles) and Saturday mornings at 8:00 a.m. (6-10 miles). Look for Facebook postings on Sound Runner Group for specific distances...the above is a range.

Here's how to earn points:

Attend a group run = 2 points

Bring someone who has never attended a SR group run = 1 point

Bring a canned good between 12/8 and 12/25 = 1 point

Bring gently worn winter items for needy = 1 point each
(through January 28, 2012)

Point Redemption:

15 points = water bottle

30 points = running socks

45 points = running cap

60 points = long sleeve sound*RUNNER* tech tee

80 points = comp entry into a sound*RUNNER* sponsored race

Additional information: soundrunner.julie.francis@gmail.com

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