

# soundRUNNER

*a running store...and more*

My expensive hobby!

soundRUNNER is a family owned and operated specialty-running store located on the Connecticut Shoreline. We have 3 locations...Branford, Madison and Old Saybrook. We sell footwear, apparel, and accessories for men, women and children.

My name is Julie and I own soundRUNNER. My husband used to tease that this is my very expensive hobby. What I can tell you is that it is expensive to have your own business, but this is in no way is a hobby. I love owning these store, and having the opportunity to impact people's quest to be fit.

Whether it's the Youth Running Camps, Runstart and Restart programs, Saturday Morning Coffee Series, Wish list Night, Mode's in the Windows or Runner's Night, XC and Track Night for high school athlete's, Bra Fit Night or the many races we sponsor and support.

During the week we have group runs, Wednesday group runs at 6:30 p.m. and Saturday morning runs at 8 a.m. You can also find groups throughout the week leaving from any of our 3 locations. We have groups running throughout the week at Supply Pond, Saltonstall and Lake Hammonasset. Right now you can go to Old Saybrook and participate in Benny's Mystery Miles, 7:30 a.m.... Sunday Dog Runs in Branford's Supply Pond at 8 a.m.

We run when it rains, when it snows, when it's sunny and on holiday's. Come join us! It really is FUN...way more than a hobby!